

## Winter Sowing

How to get dirt under your fingernails in February!

### What can I grow?

#### **Perennials**

Milkweed

Bee Balm

Foxglove

Black Eyed Susan

**Butterfly Weed** 

Echinacea

Gaillardia

Liatris

**Poppies** 

Nepeta (Catmint)

Salvia

Yarrow

Grasses

Coreopsis

Columbine

Turtleheads

Cranesbill

Hardy Hibiscus

## What can I grow?

#### **ANNUALS**

Calendula

Celosia

Cleome

Cosmos

Lavatera

Marigold

Morning glory

Petunia

Snapdragon

Sunflower

Alyssum Dahlia

**Pansies** 

Nasturtium

Portulaca

Viola

Nigella

Nicotiana

Four O' Clocks



# What can I grow? Herbs!

- Bronze Fennel
- Chamomile
- Oregano
- Cilantro
- Parsley
- Basil

- Chives
- Dill
- Hyssop
- Mint
- Sage
- Thyme





What can I grow?

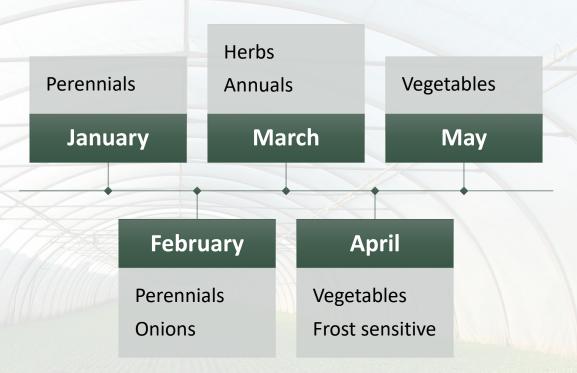
Veggies!

- Greens/ Lettuce
- Brussel Sprouts
- Cauliflower
- Kale
- Swiss Chard
- Spinach

- Peas
- Kohlrabi
- Cabbage
- Broccoli
- Tomatoes
- Peppers
- Onions
- Leeks

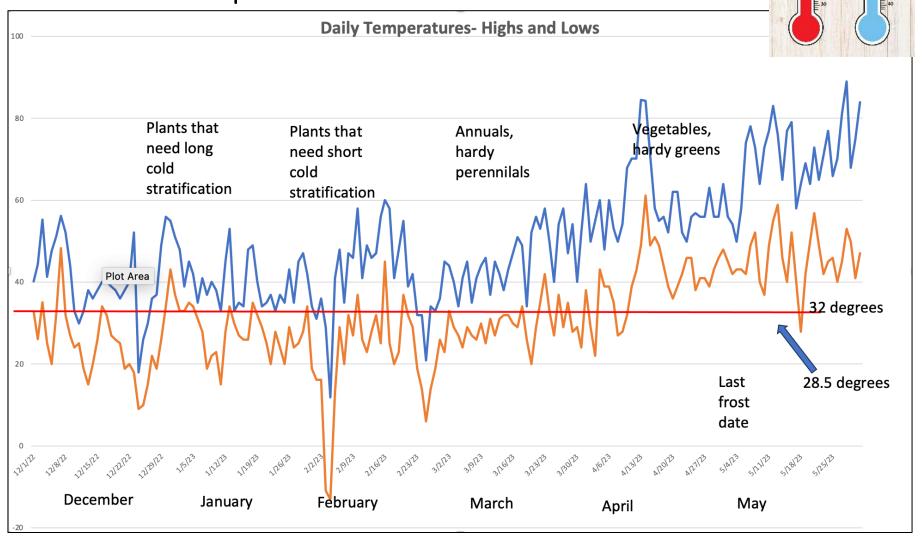


## When do I start my seeds?



- Start seeds AFTER freezing weather is here to stay
- 2. Plant seeds that require stratification out 4+ weeks BEFORE temps average above freezing.
- 3. Plant other seeds out 6-8 weeks before transplant date.

#### When to plant



High & low temps from 2023 in Dunstable, MA